

# Reducing the Devastating Effects of Mental Illness.

This year alone, one in five people will experience a mental illness. That's a statistic that touches all of us. We believe that ensuring mental health is as critical as our physical health, that's why Hope Network Behavioral Health serves more than 9,000 people with a broad continuum of care.

From crisis to community-based living, we treat mental illness, complex care needs, co-occurring disorders, and other related conditions. We focus on teaching and bringing about change, rather than simply "managing" behaviors. By emphasizing an individual's unique abilities, not disabilities, we help them assume control over their own lives and reach their highest potential.

**Visit [HopeNetwork.org/MentalHealth](https://www.hopenetwork.org/MentalHealth) to learn more.**

## **Residential Services**

Offers personal care and community living in a safe and supportive setting.

## **Specialized Residential Treatment**

Provides a spectrum of choices from lower intensity to highly intensive residential treatment, as well as semi-independent and community living.

## **Crisis Residential Treatment**

Short-term alternative to inpatient psychiatric hospitalization.

## **Outpatient Services**

Includes practical treatment approaches that address each person's unique needs and abilities.

## **Assertive Community Treatment (ACT)**

Assists outpatient consumers whose symptoms of mental illness result in interruptions with their daily lives.

## **Mobile Crisis Stabilization/Screening and Assessment**

Stabilizes acute symptoms of mental illness, substance abuse, domestic violence, or emotional distress.

## **Integrated Dual Diagnosis Treatment (IDDT)**

Combines substance abuse services/mental health services.

## **Clubhouse**

Provides community access and inclusion, plus volunteer opportunities that offer a way to give back to the community.

## **Supported Employment**

Assists individuals in obtaining successful community employment.

## **Case Management/Supports Coordination**

Promotes supports focusing on improved self-sufficiency.

## **Prevention**

Promotes reduction of risk factors and increases resiliency.



## **Bernie's Story: Watch at [HopeNetwork.org/Bernie](https://www.hopenetwork.org/Bernie)**

When Bernie left the psychiatric institution where he lived for 30 years, the staff said he'd never make it on the outside. But he's never looked back since arriving at Hope Network's River Valley campus. It's home for people with mental illness like Bernie, where they can roam throughout the building and backyard, and participate in regular exercise, music class, and community outings. Bernie has a mental illness. But at Hope Network, he also has hope. And there's nothing more important than that.